



# CHECKLIST: TRAVELING WITH YOUR CHILD

## Documents / Contacts:

- Obtain the name of a colleague from your child's Cardiologist for where you are traveling.
- Bring a letter from the Cardiologist along with you during your travels.
- Obtain a copy of the report from the Cardiologist / Pediatrician from the most recent visit.



## Medications:

- Have a back-up plan for medications:
  - o Take an extra prescription with you.
  - o Carry 2 sets of medications in 2 different bags. *If flying, always carry them on board with you.*
- If you are flying, take along a prescription for an antibiotic in powder form, and instructions to mix it.



## Pacemakers:

- Make sure you have the latest settings for the Pacemaker.
- Get a copy of your child's Pacemaker information from the Clinic Nurse to take along with you.

## Heart Transplants:

- Know your child's blood type.



Developed by:  
The Western Canadian Children's Heart Network (WCCHN)  
Family Advisory Committee